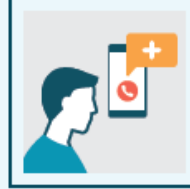


# URGENT ACTIONS TO BE TAKEN BY EVERYONE!

Follow the instructions to protect yourself from COVID-19:



Frequently clean your hands with antiseptic alcohol based means or wash them thoroughly with soap for 20 -30 seconds!



In case of high temperature, cough and difficulties with breathing, address for medical help. If you travel anywhere before this, tell about it to the doctor!



When coughing or sneezing, cover your nose and mouth with an elbow or a napkin. Right after this, through the napkin into the covered waste bin and wash the hands thoroughly!



Do not touch your eyes, nose and mouth with your hands! The mucous membranes are the first ones to be affected by corona virus!



Avoid contacts with those who have symptoms of high temperature or cough!



Treat the meat and eggs thoroughly until they are completely done!



Avoid contacts with wild or farm animals!



Avoid contacts with people if you have a high temperature or a cough!



Do not spit onto the ground in public places!

## FOLLOW FOOD SAFETY RULES:



Use different cutting boards and knives for raw meat and ready food;



Wash you hands after cutting the raw meat and before proceeding with other cooking;



In the areas with outburst of corona virus, one can eat the meat products only after they passed a thorough thermal treatment until their complete doneness and following all safety precautions.



Avoid public places; try to stay home as much as possible.

**SAVE! SHARE! PRINT! Call 1406**

**FOLLOW SAFETY RULES!**